

Simply Said...

Gift Certificates:

Gift Certificates can be purchased for any service or dollar amount. Perfect for anniversaries, birthdays, graduations, holidays, or to surprise loved ones. Give the gift of relaxation. You can buy your gift certificates in our spa or online.

Appointments:

Please arrive 15 minutes prior to your scheduled appointment to ensure sufficient time to check in and change. Late arrivals may not receive an extension of scheduled time.

Cancellation Policy:

Please call within 24 hours of your service to reschedule your appointment. A 50% charge is applied to no shows.

Gratuities:

Tips are not included in any treatment prices. We feel that the decision to extend a gratuity should be the result of the client experience, and left to the discretion of the client.

Series:

Series are available for all treatments.

Combination Treatments:

Combine the best of all worlds and schedule a facial and massage together.

Home Care Products:

ASerenity Skin | Body believes in extending the benefits of your skin care results by using out at home care products. Your therapist will advise you on the appropriate products for your skin type and condition to help you look and feel your best. We are proud to carry Image Skincare products.

Waxing:

If you are currently using Retin-A or Accutane, please refrain from waxing.

For Massage PLEASE NOTE:

30 min and 90 min sessions also available

If you are undergoing any treatment from a doctor regarding structural/chiropractic/physical therapy, or if you have recently been in a car accident that required medical attention, We will need written permission from your doctor before our scheduled appointment.



ASerenity Skin | Body Offers

- Facials
- Waxing
- Chemical Peels
- Massage
- Botox | Wrinkle Fillers
- Laser Hair Removal
- Laser Facials
- Vein Removal
- Body Wraps

Botox & Wrinkle Fillers

William C. Murphy Jr. MD 760.832.2793

Online Gift Certificates and Booking Available!

Hours of Operation:

Mon-Sat 9:00 – 5:00

Sun by Appointment Only

Later appointments times available upon request.



**3939 Voltaire Street
San Diego, CA 92107**

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www.ASerenity.com
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ASerenity Skin | Body



Nestled near the ocean and downtown San Diego, ASerenity Skin | Body invites you to experience its European beauty secrets. Our spa believes in using a client-based treatment process and trained professionals provide clients with personal attention and specialized treatments. ASerenity Skin | Body strives to provide clients with the spa experience they desire in a serene environment.

Facials

Mini - a lunchtime favorite **\$55**

Thirty minutes to a healthier, younger looking you. Skin is deep cleansed and exfoliated for a refreshed, improved complexion. A perfect facial when time is of the essence!

Basic - a relaxing, refreshing experience **\$75**

After a deep pore cleansing, skin is exfoliated to remove dead skin cells and impurities designed to improve skin tone and elasticity resulting in firmer, healthier looking skin. A soothing massage of the face, neck and shoulders is included in this experience.

***Advanced- customized European skin care** **\$100**

All the benefits of the Basic Facial enhanced with a deeper exfoliation and specialized treatments selected to address your individual skin care needs.

***Oxygen C Facial - reduces signs of aging** **\$100**

Promotes skin cell renewal for younger feeling, healthier looking skin. Alpha-hydroxy acids and pure vitamin C gently exfoliate and oxygenate skin to even out skin tone while minimizing age spots and surface lines. Skin is softened, brightened, and moisturized. Skin tone and texture are improved and photo-damage is reduced.

***Forever Young - firming & lifting** **\$100**

Dramatic results are visible even after a single treatment! Refine your complexion and restore your skin to a more youthful state with luminosity and elasticity. Surface wrinkles are visibly reduced, facial expression lines are softened and skin is left feeling firm and refreshed.

***4 Layer Facelift - brightening & tightening** **\$100**

This revolutionary 4-layer facelift will change the image of your skin in just one application. Vitamin C, glycolic acid and gentle but highly active enzymes speed up cellular turnover and brighten, tighten and lighten your skin in just one treatment.

Teen Acne Facial - for acne prone skin **\$75**

This treatment is targeted to treat teen-agers skin problems due to hormonal imbalances. After exfoliation, impurities are gently extracted leaving skin fresh and clean. This treatment can be used to treat adult acne as well.

Men's Facial **\$80**

Tough guy or man on the fly, make your skin clean to the extreme with this moisturizing, exfoliating and conditioning facial. Soothe rough and tumble skin, blast ego-busting ingrowns and smooth out bumpy, acne-prone skin without any telltale shine. We know what boys like!

Galvanic Facial - for maximum results **\$130**

This multi-functional treatment utilizes galvanic current to get maximum results. A positive current encourages the absorption of ingredients and negative current aids in the removal of toxins and impurities.

Oxygen Treatment - promotes healing

An amazing treatment used after intense treatments to help the healing process. Medical grade oxygen mixed with micellized vitamins, minerals, and antioxidants are sprayed onto the skin which penetrates better to promote healing and cell renewal. This treatment is added on to all advanced facials.

Microdermabrasion - smooth, soft, refreshed skin **\$100**

Minimize skin imperfections and abnormalities while retexturing skin and rebalancing your complexion. A stream of microcrystals loosen the layer of dull, dead skin cells and reveal the younger, tighter, more radiant skin underneath. Combat fine lines, acne, wrinkles, sun damage, hyper-pigmentation and impurities through this intense exfoliation which increases circulation and stimulates collagen production. This procedure is non-invasive and requires no down time. A serum and mask is applied and an **oxygen treatment** is done after the treatment to help vitamins and minerals penetrate the skin and promote healing. Pair with an advanced facial for maximum results.

Add any facial for \$30

Single Microdermabrasion	\$100
Series of 10 (save \$150)	\$850
Series of 6 - (6 th one free)	\$500
Series of 3 (10% off)	\$270
Series of 10 MicroAdvanced	\$1040
Series of 6 MicroAdvanced	\$650
Series of 3 MicroAdvanced	\$350

Waxing Price List

Brow	\$15	Lower Arm	\$35+
Lip	\$15	Full Arm	\$40+
Chin	\$15	Upper Leg	\$60
Brow/Lip/Chin	\$40	Back Wax	\$75+
Face	\$50+	Under Arm	\$18
Bikini	\$25 +	Tummy Wax	\$20+
Brazilian	\$45+	Chest	\$50+
Lower Leg	\$45	Full Leg	\$80+

More treatments are on our website www.ASerenity.com



Add On Treatments

Eye Zone Treatment	\$35
Scalp Massage	\$40
Hand Massage	\$15
Foot Massage	\$15
Hand & Foot Massage	\$25



Therapeutic BodyWork

Swedish **\$70/Hour**

The classic therapeutic massage, known for flowing strokes that relaxes, revitalizes and renews your body. Improves muscle tone, stimulates circulation, relieves tension and assists the elimination of waste products, speed healing after injury, and enhance recovery from disease.

Deep Tissue **\$70/Hour**

Slow deep technique of massage that allows access to the deeper tissue structures of the muscle and fascia. It can release tension in the tissues, or have a psychological release. It will loosen bonds between the layers of connective tissues.

Aromatherapy **\$70/Hour**

Experience the healing affects of Aromatherapy. Specific Blends of essential oils are massaged to help balance your body as well as uplift your senses.

Sports Massage **\$70/Hour**

Sports Massage is a special form of massage and is typically used before, during, and after athletic events. The purpose of the massage is to prepare the athlete for peak performance, to drain away fatigue, to relieve swelling, to reduce muscle tension, to promote flexibility and to prevent injuries.

Ultimate Back & Neck **\$50/30 min**

Therapeutic & deep massage to focus on the areas where tension and stress accumulate.

Pregnancy Massage **\$70/Hour**

A therapeutic massage utilizing an adaptable bolstering system to assist the needs of the mother to be as the body grows and changes. Relieves stress on weight bearing joints and alleviates neck and back pain.

Reflexology **\$70/Hour**

An ancient art to relieve tension and promote health through meridian reflexes in the feet.